



TREK SUSPENSION SET-UP

Top Fuel					Fuel EX		Remedy													Session											
Fox RP23		DT Swiss XR Carbon			Fox RP2 / RP23		Lyrik U-Turn IS Fork			Lyrik 2-Step Air Fork			Fox 36 Talas Fork			Fox RP2 / RP23 Shock				Rock Shox Totem Coil MC				Fox 40 RC			Fox DHX Coil 5.0				
					Fuel EX 7, 8, 9, 9.8, 9.9		Remedy 7			Remedy 8			Remedy 9			Remedy 7, 8, 9				Session FR				Session DH			Session FR, DH				
Travel (mm)					120		160			160			160			150				180				203			203				
Stroke (mm)					50		160			160			160			57				180				71			71				
Sag (%)					25		20			20			20			30-35				25				25			35				
Sag (mm)					12		32-34			32-34			32-34			17-20				45				51			71				
Rider (lbs / kg)	Spring (psi)	Rebound clicks out	Spring (psi)	Rebound clicks out	Spring (psi)	Rebound clicks out	Spring	IS Comp	Rebound clicks out	Spring (psi)	Compression	Rebound clicks out	Spring (psi)	Compression	Rebound clicks out	Spring (psi)	Rebound clicks out	Platform Lever	Spring rate	Low Comp	High Comp	Rebound clicks out	Spring rate	Low Comp	High Comp	Rebound clicks out	Spring rate	Rebound clicks out	ProPedal	Boost Valve	
100 / 45	108	7	63	25	50	7	White	8 clicks out from slow	11	60	Low Speed: 14 clicks out from slow	11	42	Low Speed: 8 clicks out from slow	13	120	7	ON for platform, OFF for more active	White	10 clicks	7 clicks	8	Purple	12 clicks	14 clicks	10	300 lbs	14	0 clicks in	150 PSI	Max volume mark
110 / 50	115	6	70	23	60					65			43			125															
120 / 55	122		77	21	70					75			45			130															
130 / 59	128		83	20	80					75			48			132															
140 / 63	135		90	19	90					80			50			135															
150 / 68	142	5	97	18	100	85	10	55	Low Speed: 7 clicks out from slow	10	60	12	140	6	Blue (std S)	10 clicks out	12 clicks out	8	Blue (std S)	8 clicks out	10 clicks out	8	400 lbs (std S)	10	4 clicks in	175 PSI	Mid volume mark				
160 / 73	148		103	17	110	90		65			150																				
170 / 77	155		110	16	120	95		65			155																				
180 / 82	162	4	117	15	130	100	9	70	High Speed: 10 clicks out from slow	9	73	11	160	6	Blue (std M)	6 clicks out	5 clicks out	5	Blue (std M)	8 clicks out	10 clicks out	8	450 lbs (std S)	8	4 clicks in	175 PSI	Mid volume mark				
190 / 86	168		123	14	135	105		73			165																				
200 / 90	175	3	130	13	145	110	8	76	Low Speed: 10 clicks out from slow	8	80	9	170	5	Green (std L)	5 clicks out	4 clicks out	4	Green (std L)	6 clicks out	8 clicks out	7	500 lbs (std L)	6	5 clicks in	175 PSI	Mid volume mark				
210 / 95	182		137	12	160	115		80			175																				
220 / 100	195		144	11	165	120		83			180																				
230 / 104	208	2	151	10	175	125	8	90	High Speed: 8 clicks out from slow	8	90	9	190	5	Yellow	6 clicks out	8 clicks out	6	Yellow	6 clicks out	8 clicks out	6	550 lbs	5	6 clicks in	175 PSI	Min volume mark				
240 / 109	222		158	9	185	130		90			195																				
250 / 113	242	1	165	8	195	135	8	90	200																						

Sag measurements and air pressure adjustments must be made with ProPedal lever in the OPEN position